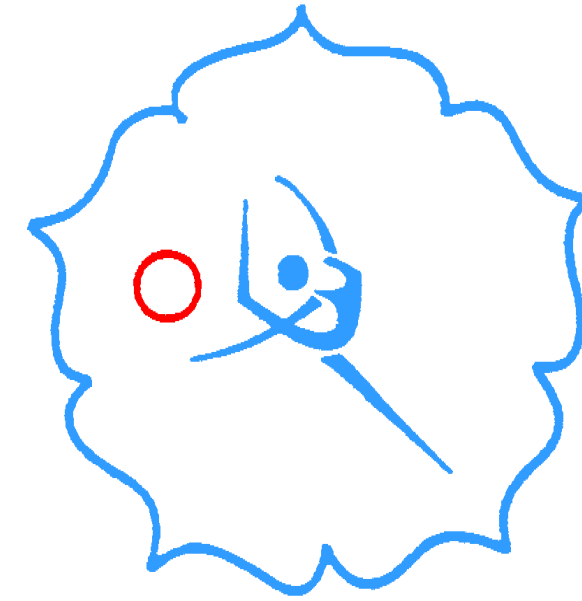


BC Rhythmic Sportive Gymnastics Federation



Annual Report 2015 - 2016



We



acknowledge the financial support of the Province of British Columbia through the Gaming Policy & Enforcement Branch.

Board of Directors

| Board Position | Member | Zone |
|---|--------------------|------|
| President | Adrienne Arnold | 3 |
| Competition Development Committee Chair | Kamema Petkova | 4 |
| RG Chair | Monika Alde | 6 |
| Secretary | Helena Higgs | 6 |
| Treasurer | Adrianna Donaldson | 5 |
| Director at Large | Joel Bernard | 5 |
| Director at Large | Sue Defeo | 2 |
| Director at Large | Curtis Andrieotti | 2 |
| VIP Finance | Diana Nerman | 4 |
| Director at Large | Sang-Hee Robinson | 8 |
| Director at Large | Megan Magid | 3 |

Competition Development Committee

| Committee Position | Member |
|---|----------------------|
| Competition Development Committee Chair | Kamema Petkova |
| Judges Chair | Diana Nerman |
| Coaches Representative | Kate Klose |
| Zone 2 Representative | Brie-Anne Macpherson |
| Zone 3 Representative | Megan Arnold |
| Zone 4 Representative | Demetra Mnatcheva |
| Zone 5 Representative | Daniela Todorova |
| Zone 6 Representative | Kristy Wilson |
| | |

Staff

| | |
|-----------------|-----------------------|
| Sashka Gitcheva | Program Coordinator |
| 604-333-3485 | bcrsgf@rhythmicbc.com |

MartialGym 2016

In our kids and adults year round program, without counting community center programs, our club expanded to more than 70 members strong. It is great seeing kids grow up excelling in multi-sports and academics. There were inquiries



from different clubs from within BC on how to offer such a program in BC. With enough interests, having a coaching workshop in BC is possible. It is always fun when we train and perform alongside other rhythmic gymnastics clubs. At RBC Sports Day, we trained alongside with Aura Rhythmics and Olympia Rhythmic Gymnastics and it was an extremely positive experience. MartialGym has a very diverse participant base. Aside from the children and adults program, we now offer classes specifically designed for 55+ to combat fall risks. The oldest participant is close to 90 years old and everyone is having a blast. Senior programs are now being offered in Burnaby, Vancouver and North Vancouver.

BCRSGF 2015-16 Annual Report

Special O camps

This is the season for changes for Special Olympics – once every 8 years. The compulsory routines and code of point has been changed significantly. Videos were uploaded to make it available on YouTube as well as smart phone/tablet ready.

Two workshops were held where BOTH coaches and athletes were present – August and December. The focus of the multiple camps was on “progressions required for the new skills”. The presence of Special O athletes at the camp helped identify challenges and we can instantly test out different approaches to problem solving. It is amazing to see instant visible changes with the use of right keywords.

All the coaches that participated felt that the workshop really helped in being ready for the new 8 year cycle. They all vowed to keep up the spirit of sharing and working together to help the athletes to be the best they can be.

Resources and miscellaneous



- Videos of routines and of elements were loaded up onto YouTube and linked from SOBC and BCRSGF website to make it as assessable as possible to both coaches and athletes
- The digital format of the videos from SOC really helped with the timeliness of the distribution of routines. However, some locals find the need to create physical DVDs for the routines so that their athletes can bring it home as a learning aid. Mario created a routine DVD of all the compulsory routines so that it can be copied/mailed out to all the locals.
- SOBC created a Facebook group specifically for rhythmic gymnastics facilitate sharing and networking between coaches and judges. It is working well even though there are some still some skeptics.
- Videos from the SOC Nationals in 2014 were used as a resource of officials training for execution since the concepts are dependent on the choreography of routines. A repository has been created to store the viewpoints from different judges to facilitate a baseline for judges training. All officials training were done on demand and it greatly helped make more judges available.
- This really helped bridge geographic gaps within BC training/working from a common base of interpretation of the rules.

Acknowledgement

Special Olympics RG has grown with new locals (clubs) and active regions. Without the help of the following individuals, we will not be able to support this growth: Diane Bissenden, Michelle Bissenden, Marta Kroupa, Erika Howard, Barb Bishop, Emily Ross, Allie Donaldson, Jessica Krushen and Madeline Fraser all volunteered as judges. Diane Bissenden, Marta Kroupa, Kate Kloos and Mario Lam all helped in establishing the initial baseline for training and reference.

BCRSGF 2015-16 Annual Report

Program Coordinator Report

2015-16 was very busy and successful year for all the Rhythmic gymnastic athletes, coaches and judged in BC. The funding that were provide to our PSO from the Government of BC and The Gaming Policy and Enforcement Branch gave the opportunity for us to keep and deliver more new programs in BC. Our membership is growing steady each year and all the extra income we get form the membership we were able to used it towards out programming.

With the help of the members clubs BCRSGF delivered Summer camps in five of our zones. We run the “Ballet Program”. BCRSGF offered NCCP Level 1 in Vancouver and North Vancouver . Also run Level 2 and Level 3 coaches courses.

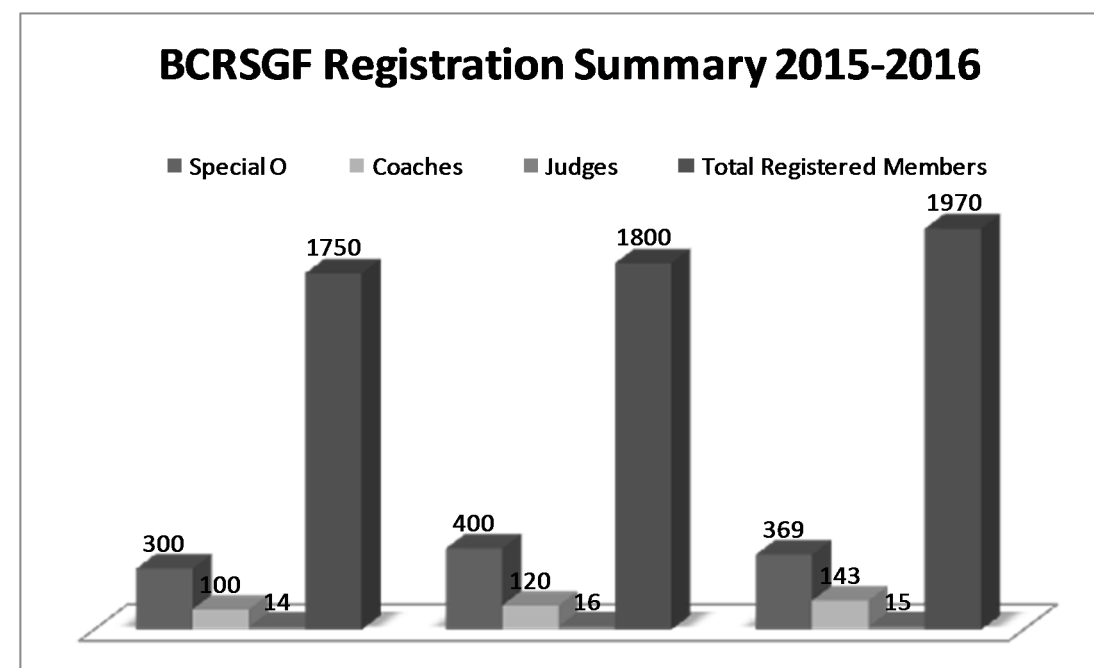
We run two target athletes training camps. One in December and one in January. The result of their hard work was the excellent performance of the BC athletes . We have 8 BC athletes on the ranked top 15th at 2016 Elite Canada Championships.

BCRSGF co Hosted BC Provincial Regional Championship in April 10– 12^h 2015 in Burnaby, 2015 Western Regional Championship April 22-26th in Fortius Burnaby, 2015 Canadian Championships May 21-24—Richmmond Olympic Oval Richmond and 2016 Elite Canada February 11-14th

Our sport participate again in BC Winter Games and was such fun and successful event for all participants, coaches and officials

PARTICIPATION:

Registration numbers have increased moderately in recent years as illustrated in the following



graph. We have one new members club on the Island. Island Rhythmic which is located in Vic-

BCRSGF 2015-16 Annual Report

Coaches – This year we offered four times the NCCP Level 1—Gymnastics Foundation coaching courses. Vancouver and North Vancouver . We had 57 participants that successfully passed the Gymnastics Foundation part.

We also run the NCCP Level 2 course and we had 8 participants that took the course and Level 3 course with 12 participants

The course facilitators were Marta Kroupa and Kate Klose

Judges – Megan Magid— facilitated BC Provincial judges course in December . We had 11 participants and four judges passed successfully the Provincial course.

PERFORMANCE

Congratulations to all of our competitive girls on their performances last year.

We entered this competitive season with 3 Senior in National Team members. Positions being held by Kaley Choi ,Cindy Hah, and Megan Hamilton. Juniors : Isabel Todorova

After the Elite Canada we had five more athletes that entered in the High performance athletes list Juniors Erika Bernard ,Jaedine Andreotti, Gabriela Georgieva, Emily Bernard and Cecilia Moreno .

SUSTAINABILITY

We have increased our membership over the past few years, but still we need to try to register all athletes that are involved in any way with rhythmic gymnastics. For example, fields that we still do not keep 100% track of in terms of participants are: recreational athletes, summer camps and workshops .



BCRSGF 2015-16 Annual Report

We are preparing for the BC Provincial competition hosted by Victoria RG club. It will be great way to end their competitive season after their hard work and preparation.

As our season ends, we will continue to offer, provide, learn, and grow in many different aspects of Rhythmic Gymnastics for the coming new season.

We wish all other Zones and BCRSGF Members to have a great, wonderful summer and will see you again when the new season 2016-17 starts.

Thank you everyone!!!



BCRSGF 2015-16 Annual Report

**South Cariboo Rhythmic Gymnastics
2015-16 Zone 8 Report**

South Cariboo Rhythmic Gymnastics had another great season in 2015-16. We had strong growth in all programs, numbers of participants, and levels.

In July 2015, we saw our team participate in the World Gymnaestrada in Helsinki, Finland. What a great experience and opportunity for all involved. To see over 20,000 gymnasts from over countries, young and old, was lifetime experience we will always cherish. We would like to express special thanks to Victoria Rhythmic Gymnastics club who we partnered with and BCRSGF for supporting us in this great event.

In February 2016, 6 of our athletes participated in the BC Winter Games in Penticton. It was very exciting event as Rhythmic Gymnastics was once again able to participate in the BC Winter Games having enough zones to qualify for the games. SCRG girls made new friendships and experienced every aspect of the games. We would like to say huge thanks to Sashka for making our participation possible.

In March 2016, 15 competitive gymnasts competed in the Planet Rhythmic Gymnastics Invitational in Capilano University. Every gymnast was excited to be a part of this event and came back with smiles & goals.

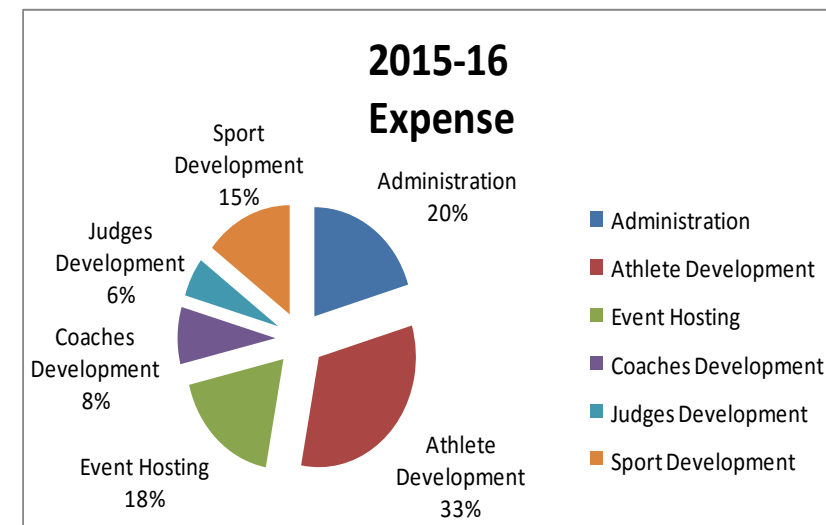
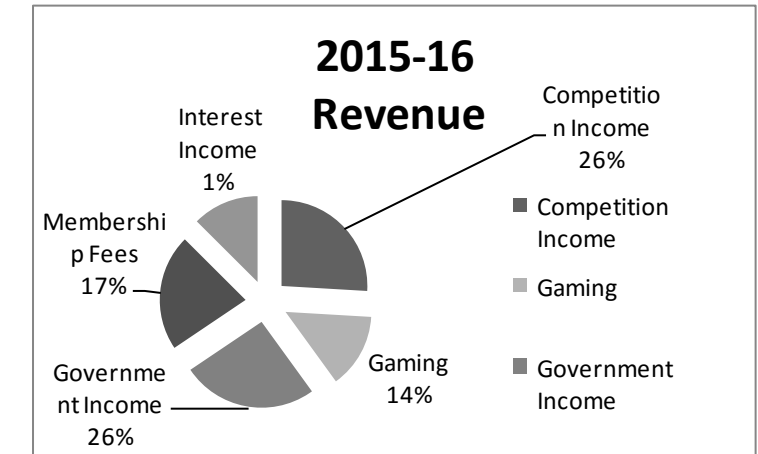
In May 2016, 39 gymnasts participated in the BC Gymnaestrada in Richmond Olympic Oval Center. Each gymnast had so much fun in workshops and performances in front of an enthusiastic crowd. They came back with encouragement and positive experience that they would like to continue.

May 27th, we are holding SCRG Year-End Gala. It will be special moment for every gymnast and an opportunity to shine like stars. It will give a chance to appreciate their achievement through the year and see the finish line together with teammates, families, and community. It will also give us a chance to say thank you to everyone for supporting the gymnasts and club.



BCRSGF 2015-16 Annual Report

2015- 2016 INCOME AND EXPENSE GRAPHS:



PARTNERSHIPS
We still have a very strong Partnership with Gymnastics BC and Special O.

I would like to thank the Board of Directors for their enormous support during this year, and especially the president, Adrienne Arnold, VP Finance Director Diana Zoe Coop and CDC Adriana Donaldson

I want to tank to all the volunteers that helped during all the BC events in 2014-15.

I look forward to the new season, and the growth of our beautiful sport.

Respectfully submitted,

Sashka Gitcheva
Program Coordinator

BCRSGF 2015-16 Annual Report

PRESIDENT'S REPORT TO BCRSGF 2016 ANNUAL GENERAL MEETING & BOARD OF DIRECTORS
Submitted By: Adrienne Arnold, June 2016

The 2015-2016 Season started out very early it seemed this year and it NEVER SLOWED DOWN!

Building upon the spirit of co-operation that I referred to in my report last year, Sashka and I felt inspired and invigorated in taking our Federation's positive "story" to the Provincial Government in our application for increased recognition of all of our accomplishments and in an effort to see our funding increased. This was a daunting task and one that involved a huge outlay of preparation and knowledge/history accumulation to have on the "tips of our tongues" so to speak. The compilation of the information, the writing of the document, the reporting on our programs and projects in the thorough and extensive application process was just the necessary step to "get us in the door". However, the in person boardroom "interview" was an entirely different matter. To say it was rather daunting is a big understatement – Sashka and I (they stipulated they wanted only two people from our sport at the Interview) and six interviewers from BC government ViaSport went to work on us, being assigned 20-30 minutes each to field their questions to us on their individual specialty within the BC government's sport system. This played out over an almost 3 hour period of nonstop question asking on their part and we were expected to answer each question extemporaneously and without hesitation...and we did!! In the end, It was quite an experience and Sashka and I left feeling rather elated by the positive reception we received and by their praise in general and their comments indicating that they did not understand how **"we accomplished so much and were so organized with so little financial means at our disposal.....and with only one ¾ time staff person"**. I did share with them what I believe to be the **"secret" ingredient and major force that drives the sport of rhythmic gymnastics in this province** and that I said was the fact that a majority of the clubs in this province are private enterprises run by **"Professional Coaches"** who count on each one of their club's to improve and develop in order to sustain their own livelihood. Of course, I said, these coaches love the sport and are driven by an inner passion, but their personal stakes are very much at play with driving the sport forward. Witness I said, clubs such as Sang Hee Robinson's club in 100 Mile House or Camille Marten's club in Vernon or the long standing club in Victoria run by Barb Bishop – these clubs are there and are thriving for only one reason – the vision, the passion, the energy and the motivation of a Coach. This bold statement took them aback at first but they discussed it further and saw too what an enormous impact and energy that drive to sustain and succeed brings that can only be positive for the future development of our sport. By the way, this same "business model" at the club levels is not something that they have traditionally considered in their amateur sport development model – so in that way, we brought something very fresh to the table for them to consider moving forwardJ Ultimately, Sashka and I were very gratified to learn that our funding outcome and ranking turned out to be amazing for our still relatively small (in membership comparisons) sport of Rhythmic Gymnastics And our funding amounts have increased sizably!

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Planet RG Report



The 2015-2016 season has been the a busy but very successful year for Club Planet Rhythmics.

In August we held our annual summer camp, in which our gymnasts prepared for the competitive season by learning new apparatus skills, running and conditioning along the seawall, interpretive dancing and perfecting body technique.

In January we opened our competitive season for the Western and National stream athletes, as they traveled to competitions in New York and San Diego! Our girls enjoyed the opportunity to travel abroad, make

new friends, compete next to some of the world's best gymnasts! At the end of January, a small Planet team visited our friends in Vernon for Queen of Hearts, which, as always was a fun and welcoming event.

This year our club hosted the 15th Annual Planet Rhythmics Invitational Competition in March, which was the biggest invitational event on the west coast of Canada! This season we welcomed competitors from 18 clubs, including teams from Canada, USA and Puerto Rico!

Throughout the season, members of our largest ever competitive group attended several invitational competitions in Vancouver, such as Olympia Cup, All-Stars Invitational, and Millennium Cup. Thank you to clubs Olympia, Origami and Adagio for hosting! Another invitational event this season was the Brittney Hunt Memorial invitational in Calgary, where Planet was represented by a team of 9. We look forward to attending this fun event in the future!

Our national level girls Mia, Lena and Polly Krivchun also competed at Elite Canada in Vancouver, and later in the season 12 of our athletes represented Planet at the Western Canadian Championships! Our novices Alexa and Maya, juniors Polly and Mia, and Senior Lena, qualified to Canadian National Championships, where they showed outstanding results. Our junior Polly Krivchun is now a member of the Canadian National team!

In June, Polly and coach Natasha represented Canada at two international junior tournaments in Sofia, Bulgaria, and Guadalajara, Spain.

Congratulations to our coach Ania who got selected as the head coach for Team Canada at the 2017 Maccabiah Games in Israel!

Planet continues to grow in the recreational, competitive and AGG level, thanks to our dedicated athletes, parents and coaches. We look forward to closing our competitive season with our annual End of the Year Show on June 19th.



BCRSGF 2015-16 Annual Report

In the beginning of April, Isabel, Emily and Jenna headed off to Columbus, Ohio for Integrity RG Club's Spring Fling Invitational. Olympia was the only Canadian club that participated in this exciting competition. Isabel in the Senior Level rubbed shoulders with Barbara Filiou and managed to hold her own with placing 8th in Hoop. Emily and Jenna in the Junior Level had an equally fantastic competition with Emily performing strong and confident in both her Ball and Clubs routine earning her 7th place. Jenna had a great day with SILVER in Hoop; BRONZE in Rope and 8th AA.

Western Regional Championships for Olympia can be described in one word – SPECTACTULAR!!! Olympia girls all had overwhelming excellent results. Starting from Level 3B we have Margaret taking SILVER AA, gold in rope, PinnYee 8th AA and 4th in Ball. Then we move to Level 3C where Pari takes GOLD. Equally, amazing results and performances for Level 4B where Aleksandra takes home 4 GOLD medals and Nicole SILVER. This only gets better with Maya in Level 5B performing all the three clean routines earning her GOLD and leading by more than 5 points!

The Novices had a terrific competition with Eryka 7th AA; Ivana 12th AA, Ana 14th AA. It was a good experience for them as their first years as Novices. Juniors were the next to follow with Emily as part of HP athlete dazzled the audience with her routines. Nina and Jenna performed their best routines with Nina 6th in Rope; 7th in Hoop and 8th AA. Jenna celebrates with BRONZE. Six Olympia athletes advance to Nationals.....so proud of their accomplishments.

Next was Salut Cup in Toronto for Emily and Isabel. It was a fantastic event to participate in with gymnasts from all over the world. A highlight included Emily and Daniela attending a Master Class with with Viktoria Mazur UKRAINE and Kseniya Moustafaeva FRANCE.



The last stop before Nationals was All stars competition hosted by Origami Rhythmics. Our team had a lot of fun attending this well run and friendly event.

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I wish I could report more positively on how Rhythmic Gymnastics as a discipline under Gymnastics Canada is faring. There have been setbacks for our sport this quadrennial - neither an Individual nor a Group from Canada has gained a berth to the 2016 Olympics in Rio. Letters of concern on various matters to GCG have gone unheeded or have been set aside taking some months to receive a “no change/status quo” response. Issues of concern raised regarding judging situations at Westerns and Nationals are heard but so far have not been addressed. Organizational issues that impact on our athletes have been not dealt with adequately. A call for some changes nationally seems to be in the air but we will see what the upcoming meetings and beyond produce.

All in all, we continue to feel very optimistic and positive about our sport here in BC and we continue to see our BC athletes gaining ground and improving in all aspects provincially, regionally and Nationally. We do our best to keep our eyes focused on putting our energies mostly where we can impact real change in our own Province all the while keeping a very active profile with very positive volunteer work and involvement in the national system. In particular thank you to the sport leaders in this province who serve nationally as well – Marta Kroupa, National Program Committee, myself on the National Program Committee, Camille Martens on National Program Committee as National Team Coaches Rep and Megan Magid on the Brevet Judges Working Group. Huge thanks and commendation to our National Team Coaches from BC Kamena Petkova, Camille Martens, Megan Magid, Natasha Korkh and Daniela Todorova for all the passion, care and knowledge they bring to developing and leading the sport in BC and to our longtime Brevet Judges who work tirelessly to maintain and further the sport. Thank you to my Board of Directors and CDC members for representing your Zones and making thoughtful contributions to the work we all do for the BCRSGF – some of you have served for 30+ years and are to be commended (Diana, Lori, Monika, Helena – you have personally given SO much and are all amazing ladies!)

I predict another great season ahead for our provinces and our sport for the beginning of the new quadrennial. With the introduction of the new FIG Code of Points we will face lots of challenges and changes, but I know from years of experience that collectively we ARE UP FOR ANYTHING THAT COMES OUR WAY!!!!

Respectfully Submitted,
Adrienne Arnold, President

BCRSGF 2015-16 Annual Report

ZONE 2 REPORT

It's been another busy season at The Okanagan Rhythmic Gymnastics Club. This season the club has offered parent & tot, preschool, recreational, development, competitive and elite programs as well as summer camps.

Highlights include:

In November, athletes, coaches and community members performed multiple shows of The Grinch at our Vernon Performing Arts Centre. Again this year, our athletes raised funds to sponsor school shows. Earlier in the month, Coach Camille Martens and Isabella Haldane headed off to the PASO Camp in Texas. In January, a team of athletes traveled to the Montreal to Compete in an early competition and then train in Toronto. Later in the month, another team headed off to compete in Las Vegas.

February had our Okanagan Rhythmics Association (ORA), hosting a successful Zone 2 Championship coupled with The Queen of Hearts Invitational. Athletes from BC and Alberta attended. Mid-month, Okanagan athletes traveled to Elite Canada in Vancouver. Megan Hamilton qualified to The Senior National Team Pool and Jaedyn Andreotti and Isabella Haldane to The Junior National Team Pool ☺. Jaedyn and Camille also travelled to Moscow, Russia for the Alena Junior competition associated with the World Cup.

In March, teams travelled to Olympia Cup and Planet Invitational in Vancouver. Jaedyn and Camille also travelled to Pesaro, Italy for the Junior competition associated with the World Cup.

April began with a team heading to Provincials in Vancouver and Westerns in Edmonton, bringing home many top 8 finishes. A strong team of 14 Provincial and National Stream athletes traveled to Edmonton for Westerns bringing home many top 8 finishes and qualifying 4 athletes to Nationals.

Sunshine Cup was held in May for local competitors. Later in May, athletes headed off to Calgary for a training camp with Chinook Rhythmics and then to Nationals in Winnipeg.

All in one, a year of many successes! Thank you to BCRSGF and GCG for the opportunities!



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Our next competition was the Queen of Hearts in Vernon from January 29-31. Olympia had 10 gymnasts competing. Lots of trophies, medals, ribbons, and smiles! Highlights included Maya sweeping 5B, Pari sweeping 3C, Aleks 4B champion, Pinn Yee and Margaret 1st and 2nd in 3B Western and Elizabeth won 3B provincial. Novices, Eryka and Ana were 3rd and 4th in ball and 5th and 6th AA. Em got 3rd in hoop and 4th AA in the Junior level. Special awards were given to Em for Miss Charm, Margaret for Best Expression and Highest score in 3B and to Eryka for best Acro tricks!

Next was Elite Canada at The Richmond Oval for our Juniors and Senior. It was the first Elite Canada for Emily and Jenna. Highlights for the weekend included Emily Bernard and Isabel Todorova both making the High Performance Pool, competing in finals for their first year of Juniors and Seniors respectively.

Our 3rd annual Olympia Cup was next with almost 200 gymnasts from all levels. This was a 2 day event held at Fortius Gym in Burnaby! The girls all had a great time!

This year we had the privilege of sending 5 girls to BC games. It was an unforgettable experience for Elizabeth, Margaret, Pari, Pinn Yee, and Tsubaki. They had an amazing time competing, making new friends from both RG and other sports as well as enjoying the friendly atmosphere of the entire games. The giant sleepover was a highlight as well! It was so much more than just a competition and they absolutely loved the whole experience. A huge thank you to Sashka who was instrumental in getting our sport back in the the games.

The Zone 5 Championships was hosted by Olympia at Creek Side Community Centre in March 2016. There were 85 athletes registered from Planet, Elite and Olympia and the event was a big success.



In mid-March we attended Planet Cup in Vancouver with girls from all levels. As always it was a fantastic event and the club enjoyed participating.

BC Provincial for Nationals & Westerns competition was held in Burnaby in April. All our Western level girls placed top 3, with 5 out of 6 Provincial titles. Western champions are Elizabeth in 3B Provincial, Margaret in 3B Western, Pari in 3C, Aleksandra in 4B and Maya in 5B. Novices shined and all finished in the top 8, with Eryka 4th AA, Ana 5th AA and Ivana 7th AA. Jenna is the Junior 2003 Provincial champion! Nina finished 7th AA in the Junior Open category. Emily and Isabel performed as members of the High Performance category.

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ZONE 5 REPORT

Olympia Year End Report

In August the 4 week Olympia Summer Camp took place and was fully booked well in advance. It accommodated all levels of training and was a great opportunity to learn new tricks and techniques, preparing for the new competitive year. The peak event of that camp was the barbeque organized by the club which brings together all the friends and families of current and previous gymnasts. The girls are rewarded with a fun RG day and swim at the pool in Maple Grove Park, ending with a BBQ.

In November, the club responded promptly to the BCRSGF's invitation to represent and promote Rhythmic Gymnastics by volunteering with Western and National level gymnasts to the RBC (Royal Bank of Canada) Sports Day at the Richmond Oval. Our athletes appreciated the opportunity to train for the whole day and share their passion for the sport with the visitors at the event.

In December, the club and the RSA hosted the first fun event of the competitive year, the Olympia Holiday Gala at the Scottish Cultural Centre. The girls have fun choreographing acts that showcase their newly acquired skills and bodysuits. For some it is a chance to present new routines, for others to perform group routines, and for all to give their best performance in front of family and friends. RG Santa was again in attendance, rewarding all with gifts. A similar Gala concludes the competitive year in June and is a wonderful celebration of the hard work that led to the accomplishments of both competitive and recreational gymnasts.

We started our competition season in January with 8 of our novices, juniors and senior attending the Las Vegas Invitational hosted by Eurogymnastics Academy. Olympia gymnasts fared well competing against some of the best gymnasts in the US and the World. Jenna Chan tied for 2nd in clubs, Emily Bernard and Jenna Chan tied for 8 place All Around in the Junior level. Eryka Schulz placed 1st, Ivana Vukota 3rd and Ana Majic 4th in clubs. Ana placed 9th in Hoop, Eryka 8th in ball rounding of the competition with 11th place in All Around in Novice.



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Zone 3 Report - June 2016

Submitted by Megan Magid – Zone 3 Representative
Home of Adagio Rhythmic Academy, Origami Rhythmics and Grace Rhythmics

News from Adagio Rhythmic Academy:

Our Summer Camp 2015 was very well attended and was a great jump start to body preparation and choreography for the 2016 season.

We were excited to again be a part of the BCRSGF "TAG" Camp which brought together the top Junior and Senior Athletes in our province for 3 different Camps (Seniors, Juniors 2001-2002, Juniors 2003) this was a very valuable experience where BC's top judges and coaches get together in a friendly atmosphere to give feedback on the new routines for 2016.

After a long hiatus with National Group Development, Adagio decided to take the leap of faith and delve back into the National Group program. However, what was most exciting and promising for the future is that we worked together with athletes from other BC Clubs (Elite Gymnastics, Aura and Adagio Coquitlam) to create 2 National Groups (FIG Junior Group and Junior Development Group) with a mix of athletes from other clubs it was a new challenge in terms of scheduling but we are all really heartened with the success of this program in its pilot season and we are excited to help grow stronger and stronger BC Groups year by year with this great Provincial teamwork.

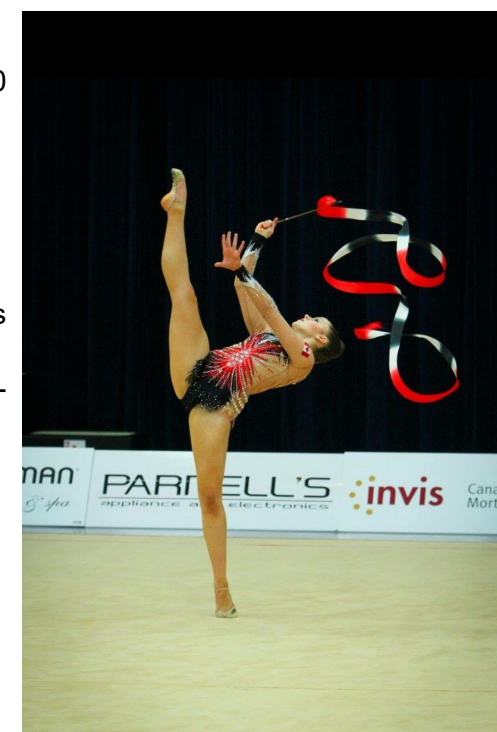
Our December 2015 Annual Holiday Gala performance was attended by over 500 parents, athletes, volunteers and coaches in attendance – it was an exciting showcase of development from newcomers to rhythmic to the top National Level Athletes in the club.

This was a very short but super busy season is an understatement with participation in 8 competitions in 5 months! Our National and Westerns Stream Athletes kicked off the season with 2 Invitational's. First up was Las Vegas Invitational in January 2016 hosted by Eurogymnastics. We took 8 of our National and Westerns Stream athletes to this event as a great ice-breaker competition to start off the season. We wrapped up January 2016 travelling to Vernon for the Queen of Hearts Invitational - another great competitive experience!

Zone 3 Championships was hosted by Adagio Rhythmic Academy at the Hellenic Centre. Zone 3 Championships is the largest Zone Competition in the province with a full 2 day event with athletes from the 3 member clubs as well as guest competitors from Zone 4 and 5

At Elite Canada in March 2016 - Erika Bernard (SR), Gracie Park and Cecilia Moreno (JR) all qualified to Canada's National Team Pool through their Competition A and B ranking! For our group debut our FIG Group placed 2nd AA out of 4 groups and was named the Elite Canada Champions in their Ribbon Routine and narrowly missed out on the AA title by just under .30. Our Junior Development Group were also Silver Medallists AA at Elite Canada! March finished with the participation of 20 of our athletes at Planet Rhythmics Invitational - it was a lovely competition with lots of extra thought and prizes for the gymnasts efforts - Thanks Planet!

In March 2016 Erika Bernard travelled to Lisbon, Portugal with myself travelling as the Canadian Judge. It was an amazing experience for Erika to participate in an FIG International European competition which was concurrent with the Lisbon World Cup. Megan also travelled with the Canadian Team to Pacific Rim to Judge for Canada in Everett, Washington. On the Provincial, Westerns Competitive front,



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Adagio Rhythmic Academy took top placements in many categories at the 2016 BC Championships as well as Novice, 6B and 6C All Around Champion placements as well as many gold, silver and bronze medals in event placements. For the 2016 Western Regional Championships Adagio had the Westerns Regional Champion and Silver AA in 6B as well as 2nd and 3rd Place AA in 5B, as well as many top 8 finishes.

Millennium Cup was hosted in May at UBC. It was fantastic competition to prepare the girls qualifying to Nationals as well as the final competitive event of the season for our Westerns Stream Athletes. It was a very friendly and well run event competition with over 150 athletes from clubs representing BC, USA and USA in attendance. A special thank you to Aura, Planet, Grace and Elite Gymnastics for your participation in this event!

2016 National Championships brought qualification of 5 of our National Level Athletes and 7 of our group members to this prestigious event. Our High Performance Senior, Erika Bernard had a stellar finish at Nationals placed 8th place AA (up from 14th at Elite Canada a few short months prior). Our High Performance Juniors fought

hard to maintain their positions in the Junior High Performance Pool and in the end Gracie Park and Cecilia Moreno were successful! Our Junior FIG Group Placed 2nd AA at Nationals with a Gold Medal National Championship result for the Ball Routine and to top things off our Junior Development Group became Canadian National Champions in their category! 2016 Summer Camps for Recreational and Competitive athletes are also in place for Adagio Rhythmic Academy programs in Lower Mainland Community Centre Programs, "Summer at Saint Georges" and the 3 week Vancouver Competitive Camp in Vancouver.

Many personal bests were achieved and lots of wonderful memories were made this season as the Adagio Rhythmic Academy athletes continue to work hard and improve under the guidance of their coaches. We look forward to finishing up the 2016 season with our Annual Year End Show – Parade of Champions, June 10th 2016 to celebrate all of the achievements of our wonderful athletes, coaches and supporters.

We want to take a moment to extend a HUGE thank and acknowledge the collaborative efforts of Lori Fung and the Elite Gymnastics Athletes Keileen Nguyen, Elena Kovacevic and Tiffany Cheung as well as Kamena Petkova and the Aura Athlete, Megan Mori - without your support and dedication to the FIG Group project it sincerely would not have been possible without you and we are so grateful for your participation!!

We wish the other Zones and BCRSGF Members a wonderful summer break and look forward to seeing everyone again in the 2016-2017 Season!



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following notable results: Anais was the 5C Western Champ, Nicole placed 5th all round, and qualified to her first Nationals in the Novice category. Naomi placed 9th and 10th in clubs and hoop, Alina won 4th in rope, Elisabeth was 8th all round out of 30 athletes, and Teah was 12th in clubs. All of our Level 3B's, Teddy, Sienna, Yuri, Rachel, and Iris did very well at their first Westerns away from home, placing in the top 8 out of 26 athletes! Congrats to Teddy for making 5th all round. 3C's Sophia Porter and Fifi Zhaou had good results, with a 2nd all round for Sophia and a 4th in free for Fifi. We are so proud of the Aura Girls!

Cindy Huh competed at the Pacific Rim competition in Seattle as part of the Canadian team, and then headed with Demetra and Patricia Bezzubenko to World Cups in Sophia, Bulgaria, and Spain this past May and June.

Summer Camp is happening once again at a wonderful facility on the UBC campus. We will be at the beautiful gym at Norma Rose Pointe School for the month of August. Please ensure your registration is promptly submitted, as we are filling up quickly with Vancouver and out of town athletes.

On a personal note, I will be retiring as a Brevet judge from our beautiful sport. I have officiated for over 25 years, and the memories I have are truly wonderful. It has been an honor to travel with talented, dedicated, BC and Canadian athletes to international events all over the world. I have been a part of the lives of so many athletes, at so many levels, and it is superb to see them thriving and growing in their fields of endeavour. My artistic work, my costume design and my family are keeping me very busy!

At this time we would like to thank the BCRSGF for the continued support provided to the athletes in the club. The dedication of Executive Director Sashka Gitcheva, and President Adrienne Arnold, has been instrumental in all BC athletes having the provincial support necessary to train, compete, and travel in the past season. Best wishes for a great summer for everyone.

Respectfully submitted
Diana Zoe Coop Nerman
Zone 4 representative

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Zone 4 Year End Report, June 9th, 2016

Zone 4 athletes, coaches and families had a satisfying and successful year in sport. The culmination of months of hard work saw 7 Aura athletes qualify to Nationals in Winnipeg, a testament to the work not only of the coaches, but also the gymnasts, who have been motivated and dedicated from the start of the season. We are so proud of Cindy, Gabriela and Abigail for making the Canadian National Team, and for all the athletes for representing BC so admirably.

Cindy Huh and Kaylie Choi earned assignments overseas via their National Team rankings. Along with coach Demetra Mantcheva, the team travelled to events in Slovenia, Greece, Portugal, Bulgaria, and Spain. These were exciting international competitions which gave the athletes a chance to compete alongside the top ranked athletes worldwide. All Aura National stream athletes competed together at Queen of Hearts in Vernon at the end of January. This was a fantastic competition, and a real boost before re ranking at Elite Canada 2016. Thank you to the families of Okanagan Rhythmics for their hospitality and making this competition so special for the team.

The Okanagan competition also served as the Zone 4 qualifying Championships for all the Aura National Stream girls. The Western Stream athletes and all Provincial bound girls competed at a very enjoyable zone championships held at our Richmond Oval training centre in March of 2016.

Following Elite Canada, Cindy Huh and Kaylie Choi were en route to Athens, Greece with Coach Demetra Mantcheva for a prestigious international event. They later met National Stream Juniors Abigail Burke and Megan Mori in Lisbon, Portugal.

This was the first international competition for Abby and Megan, and the rewarding experience was enriched by watching Olympic athletes compete at the World Cup portion of the event.

Aura then headed to Edmonton in April after a good Provincial showing with 16 athletes qualifying to Westerns.

Abigail Burke was the Western Junior champion, and Megan Mori earned Silver medallist all round. We had additional great successes at Westerns with the

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Origami RG Report

The 2015-2016 season has been exciting for Origami Rhythmics, there have been many events and competitions at all levels, as well as training camps in July and August.

Similar to last season, many rhythmic gymnasts in various levels interclub, Provincial and National streams participated in competitions, and training camps.

This year we have Provincial Champion in Level 4C Anna Kalashnikava, silver medalist Victoria Kazantseva and silver medalist Juliana Nunes in Level 5A.

We were glad to introduce our Level 3B gymnasts Mubina Kurbanova, Alexandra Borvanova and Kaia Erenli, who competed for the first time in the Western category. Our gymnasts were very successful with their performances and we congratulate them for their excellent competition results.

Our Western stream team proved to be a strong team in the Western Regional championship in Edmonton. We are happy to announce that Alice Shmyk took 6th place in AA Level 5B, Valerie Kalmykov was 6th AA and Katerina Romanenko 7th AA in Level 5C.

This year we have Western Champion in Level 4C Anna Kalashnikava.

We are proud of our National stream gymnast Alina Povekina with her successful performance at Elite Canada.

Origami Rhythmics hosted our 5th All Stars invitational in May. It was a very nice and friendly event with 127 participants from 6 clubs around BC.

Thank you to all who contributed to improving the gymnastics experience for athletes, coaches, and volunteers.

